



Regional School District 13 May 2024

Brewster, Lyman & Memorial Schools

Meals : All meals include choice of hot or cold vegetable, fresh fruit or fruit cup, bread and a choice of milk. (whole, skim, 1% and low fat Chocolate milk.)

Chef Salads offered daily



\$4.00

Monday

Tuesday

Wednesday

Thursday

Friday

1st choice
2nd choice

Vegetables
Vegetables
Fruit
Bread



Fuel up
your day



**Please alert staff if you
have a food allergy.

1
Spaghetti with Meatsauce
Chicken Parmesan sandwich

Green Beans
Mix fruit cup
WG Garlic bread

2
Cheesy Chicken Noodle Fiesta
Crispy Beef Tacos

Fiesta Corn mix
Black beans & Rice
WG Corn Muffin

3

Cheese Pizza
Mozzarella Sticks & Sauce
Rainbow Veggie Tray
Rainbow Fruit Tray
WG Dinner roll

1st choice
2nd choice

Vegetables
Vegetables
Fruit
Bread

6
Tater Chip Chicken Strips
French Bread Pizza

Rainbow Veggie Tray
Rainbow Fruit Tray
WG Dinner roll



7 *Breakfast*
Egg & Cheese Bagel or
French Toast Sticks

Hash brown, sausage
Baby Carrots
Whole Grain Roll



8
Macaroni-n-Cheese
Sloppy Joe Sliders

Rainbow Veggie Tray
Rainbow Fruit Tray



9
Chicken Shark Nuggets
Steak -n-Cheese Sub
Tater Tots
Sweet Potato fries,
Rainbow Veggie Tray
Rainbow Fruit Tray
WG Dinner roll

10
Pepperoni pizza
Cheese Calzone

Romaine salad
Rainbow Veggie Tray
Rainbow Fruit Tray
WG Dinner roll



1st choice
2nd choice

Vegetables
Vegetables
Fruit
Bread

13
Hot Dog & Fries
Pizza Crunchers

Rainbow Veggie Tray
Rainbow Fruit Tray



14
Popcorn Chicken & Potato Pail
Meatballs & Potato Pail

Rainbow Veggie Tray
Rainbow Fruit Tray
WG Dinner Roll

15 *Party Platter*
(2) Mozzarella sticks
(2) Chicken Drumsticks
(2) Potato Pancake tots
Breadstick, Carrots-n-Dip
Yogurt Fruit Cup

16
Chicken or Beef
NACHO Salad
w/ shredded Lettuce

Sweet Corn Relish
Black Bean Salad
Rainbow Fruit Tray



17
Cheese pizza
Fish Sandwich & wedges
Romaine salad

Rainbow Veggie Tray
Rainbow Fruit Tray
WG Dinner roll

1st choice
2nd choice

Vegetables
Vegetables
Fruit
Bread

20
Chicken Pattie Sandwich
Cheeseburger

Rainbow Veggie Tray
Rainbow Fruit Tray
WG Dinner roll

21 *Breakfast*
Egg & Cheese Bagel or
Dutch Waffle & Strawberries

Hash brown, sausage
Baby Carrots
Rainbow Fruit Tray

22
Tater Chip Chicken Strips Or
Macaroni & Cheese
Buttered Broccoli Florets
Rainbow Fruit Tray
WG Dinner roll



23
Cheese Pizza
Mozzarella Sticks & sauce
Garden Salad
Rainbow Veggie Tray
Rainbow Fruit Tray



24 **NO School**

1st choice
2nd choice
Vegetables
Vegetables
Fruit
Bread

27 **MEMORIAL DAY**



28
White Pizza
Grill Cheese
Tater Tots
Rainbow Veggie Tray
Rainbow Fruit Tray

29
Chicken Drumsticks w/ sauces
Meatballs & gravy
Buttered Egg Noodles
Rainbow Veggie Tray
Rainbow Fruit Tray
WG Dinner Roll

30
Taco Bites & rice Pail
Bosco Cheese Bread sticks
w/sauce
Black Bean Salad
Rainbow Veggie Tray
Rainbow Fruit Tray

31
Pepperoni Pizza
Mozzarella Sticks & Sauce
Romaine salad
Rainbow Veggie Tray
Rainbow Fruit Tray

Nondiscrimination

The Board of Education will not make employment decisions (including decisions related to hiring, assignment, compensation, promotion, demotion, disciplinary action and termination) on the basis of race, color, religion, age, sex, marital status, sexual orientation,